



Soccer Training for Children and Toddlers



need more information
visit www.kdgoals.com

Why **Kid Goals Works?**

1 Introduces the fundamental skills of the world's #1 Sport, Soccer: Dribbling, Passing, and Shooting.

2 Built on critical thinking development thru the use of: Guided Discovery, Socratic Teaching, Explicit Instruction and Purposeful Training.



Combines three learning styles of: Hearing, Seeing, and Doing.

3

Teaches ABC's of Physical Education. Agility, Balance, and Coordination.

4

It's Fun!!! Who Says Learning Can't Be Fun



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Kid Goals has developed an age appropriate curriculum for all participants. Its goal is to introduce the World's #1 sport "soccer" to beginning players with an emphasis on fundamental skill development, Cognitive development, physical fitness, and to support the educational teachings of educators in a fun and interactive atmosphere.

Each Kid Goals participant will enjoy many games and activities that will allow them the opportunity to develop there psychomotor, cognitive and psychosocial skills at there own pace. The low teacher to student ratio will allow for rapid learning and increased interaction with the lead instructor.

The Kid Goals curriculum is an age appropriate progressive curriculum. We will teach thru numerous fun activities and self-exploration. Each child will be able to develop at there own pace with lots of opportunities to perfect and demonstrate newly acquired skills. Children from ages 3-12 enjoy learning new things and showing them to others especially there parents. Don't be surprised when they want to show-off there new moves or explain a new concept. Please ask what was learned during each session.

Our mission is to teach your child coordination,agility, ball control and various techniques that can be applied to the game of soccer should they choose to play youth soccer in a local league.

At the root of the Kid Goals program is to develop a passion for the World's #1 sport.

who is kid goals?

Kid Goals is you the parent, player, administrator, and Board of Advisors. Without the parent and facility directors wanting unique and high quality programs for their kids and students the Kid Goals program could not exist. Kid Goals delivers age appropriate and purposeful training so that its participants can develop the necessary motor skills, confidence, cognitive skills, ball control and other techniques that can be applied to soccer and transferred to many other sports. With the vast knowledge and experience of its Board of Advisors these deliverables have been attained.

what are the benefits?

Soccer has been established as the World's #1 sport. Many of the skills from balance, agility and coordination are transferable to most other sports along with building a physically fit child. With Childhood obesity becoming a growing concern in America soccer is the perfect sport to help combat this increasing issue. Other benefits include; increased listening skills, teamwork, a mobile convenient program during school hours, preparation for soccer leagues, and most importantly a lot of fun.

what is taught?

We teach coordination, agility, ball control and various techniques. Our instructors strive to create a sense of passion and desire in each participant to play as they learn the skills of the World's #1 sport.

Topics Include:

- Decision Making
- Individual Development
- Soccer Fundamentals
- Psychomotor Skills
- Life and Coping Skills
- Speed, Coordination and Balance
- Eye-Hand/Eye-Foot Coordination